**Food & Nutrition: Resident Food Preferences**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Room: \_\_\_\_\_\_\_\_

Diet: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_

Food Allergies: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Portion size**

⭘ Small ⭘ Average ⭘ Large ⭘ Double

**Beverage Preferences**

**Breakfast Lunch Dinner**

Juice\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ⭘ ⭘ ⭘

Milk\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ⭘ ⭘ ⭘

Coffee reg/decaf ⭘ ⭘ ⭘

Tea reg/decaf/iced ⭘ ⭘ ⭘

Water ⭘ ⭘ ⭘

Hot cocoa

\*\*\*Circle likes \*\*\* Single line through dislikes

**Meat/Protein**

Bacon Chili Fish Tuna

Beef Hot dog Lasagna Turkey

Bologna Cottage cheese Liver Sausage

Cheese Eggs Peanut butter Shrimp

Chicken Ham Pork Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Vegetables**

Beets Corn Lima beans Wax beans

Broccoli Dried beans Onions Yellow squash

Cabbage Peas Potatoes Zucchini

Carrots Green beans Sweet potatoes Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cauliflower Lettuce Tomatoes

**Fruits**

Apple Cantaloupe Honeydew melon Peaches

Apricots Cherries Pineapple Oranges

Bananas Grapes Plum Strawberry

Blueberries Grapefruit Pears Watermelon

Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Desserts**

Fruit pie Custard

Pudding Cake Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Breads**

White Roll Crackers Waffles

Wheat Biscuit French toast

Rye Cornbread Pancakes Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Starches**

Macaroni Egg noodles

Spaghetti Rice white/brown Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Cereals**

Cream of wheat Oatmeal Cold cereal \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cream of rice Grits Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Special requests, incl. ethnic/cultural/religious: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_